

SOCCER LEVELS OF PLAY

COMPETENCY	NOVICE	INTERMEDIATE	ADVANCED
Game Awareness	• Basic conceptual understanding of Team Defense (Play/Positions) • Team Offense (Play/Positions) • Primary Sport Rules • Game Awareness • Transitions between offense and defense	• Moderate conceptual understanding of Team Defense (Play/Positions) • Team Offense (Play/Positions) • Primary Sport Rules • Game Awareness/Zones • Transitions between offense and defense • In-Game Adjustments	• Good/advanced conceptual understanding of Team Defense (Play/Positions) • Team Offense (Play/Positions) • Primary/Secondary Sport Rules • Game Awareness/Zones • Transitions between offense and defense • In-Game Adjustments • Game Strategy
Technical Skills	• Basic sport skills in Shooting • Passing • Dribbling • Trapping • Goalkeeping (only for players in this role; at least 1 goalkeeper/team)	• Moderate sport skills in Shooting • Passing • Dribbling • Trapping • Defending • Goalkeeping (only for players in this role; at least 2 goalkeepers/team)	• Good/advanced sport skills in Shooting • Passing • Dribbling • Trapping • Defending • Goalkeeping (only for players in this role; at least 2 goalkeepers/team) • Creating space/opportunities for future play
Tactical Awareness	• Basic skills in On-field Communication • Player Movements	• Moderate skills in On-field Communication • Player Movements • Field awareness + positioning/transitions	• Good/advanced sport skills in On-field Communication • Player Movements • Field awareness + positioning/transitions • Game speed + strategy
Intangibles	• Basic Speed/Quickness • Basic Endurance/Fitness (participate in a 20+ minute game and/or play for 10+ minutes w/o substitutions)	• Moderate Speed/Quickness • Moderate Endurance/Fitness (participate in a 30+ minute game and/or play for 15+ minutes w/o substitutions)	• Good/Advanced Speed/Quickness • Good/Advanced Endurance/Fitness (participate in a 40+ minute game and/or play for 20+ minutes w/o substitutions)
Coaching	• Basic understanding of Sport rules • Game Management + Strategy • Game Instruction + Player Development	• Moderate understanding of Sport rules • Game Management + Strategy • Game Instruction + Player Development	• Good/advanced understanding of Sport rules • Game Management + Strategy • Game Instruction + Player Development