WORLD DIABETES DAY

IT’S TIME TO PRIORITIZE YOUR HEALTH AND GET SCREENED FOR DIABETES!

1. Set up a meet-and-greet with your doctor before the actual screening appointment.

2. Ask the doctor or staff to explain the diabetes screening steps in simple language.

3. Ensure that you are regularly seen by the same provider.

4. Ask the doctor’s office to offer extra scheduling support and reduce waiting times.

5. Make sure the doctor’s staff support you throughout the visit and stay with you during the appointment.

6. Ask your healthcare provider questions about monitoring your blood glucose and pressure and have them share information with you.

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