

# Special Olympics Healthy Athletes®



Healthy Athletes is the largest global public health organization dedicated to serving individuals with intellectual disabilities. At our Summer Games, we offer a range of initiatives aimed at improving the health and well-being of Special Olympics Virginia athletes.



Scan this code to learn more about how we are closing the gap with health disparities.

## 2025 Impact

*\*More details can be found by visiting the Inclusive Health & Wellness section of our website.*

### Healthy Hearing

Offers free hearing screenings designed to ensure proper audiology care for Special Olympics athletes to improve their communication skills, social interactions and quality of life.

**66**

*athletes screened*

**7**

*Health care Professionals*

### Opening Eyes

Offers Special Olympics athletes free comprehensive eye assessments, prescription eyewear, sunglasses, and sports goggles. Following 12 testing stations, decisions about new prescriptions or sport goggles are made, all at no cost to the athlete.

**142**

*athletes screened*

**68**

*pairs of eyewear prescribed*

### Special Smiles

Provides the gateway to not only good oral health but to overall better health through screening, education and treatment options.

**41**

*athletes screened*

**37**

*flouride treatments*

### Health Promotions

Improves the quality of life and long-term health of Special Olympics Virginia athletes by promoting healthy behaviors, screenings and medical referrals.

**102**

*athletes screened*

**8**

*Health care Professionals*

### FUNfitness

Opportunity for athletes to receive a total body fitness evaluation and educational materials from fitness experts to improve flexibility, strength and balance.

**92**

*athletes screened*

**26**

*student volunteers*

### Fitness Programs

Special Olympics Virginia offers three models for engagement in fitness. Fitness Clubs, Walking Clubs, and the incorporation of fitness activities into one of the many existing sports teams throughout the state.

**107**

*athletes participating*

**10**

*fitness coaches*