



SOVA participants should review this document before attending any Special Olympics Virginia training session. Each coach must ask these questions of each of their athletes, coaches, unified partners or volunteers prior to athletes entering the training area. If you reply **YES** to any of the questions below, **STAY HOME**, do not attend any group training sessions and contact your healthcare provider for further advice. If an athlete arrives at a training session and answers yes to any of these questions they should not attend the training session and should wait 7 days after symptoms resolve to return or be cleared by a physician to do so.

Do you have a fever (temperature over 100.3°F) without having taken any fever reducing medications?

- Yes
- No

Loss of Smell or Taste?

- Yes
- No

Muscle Aches?

- Yes
- No

Sore Throat?

- Yes
- No

Cough?

- Yes
- No

Shortness of Breath?

- Yes
- No

Chills?

- Yes
- No

Headache?

- Yes
- No

Congestion?

- Yes
- No

Have you experienced any gastrointestinal symptoms such as nausea/vomiting, diarrhea, loss of appetite?

- Yes
- No

Have you, or anyone you have been in close contact with been diagnosed with COVID-19, or been placed on quarantine for possible contact with COVID-19 in the past 14 days?

- Yes
- No

Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?

- Yes
- No