2025 Tennessee State Fall Games

EVENT GUIDE









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Event Partners













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Games Information

Dates

Friday, October 17: Bowling & Fitness

Saturday, October 18: Flag Football, Cornhole, Fitness, Young Athletes, and Healthy Athletes

Locations

Smyrna Bowling Center – 95 Weakley Lane #4341, Smyrna, TN, 37167

Bowling Competition

Richard Siegel Soccer Complex – 515 Cherry Lane Drive, Murfreesboro, TN, 37129

- Opening Ceremonies, presented by Lifepoint Health
- Flag Football Competition
- Cornhole Competition
- Fitness Competition
- Young Athletes
- Healthy Athletes

Assessment Information

Head of Delegation - \$15

• Includes: Friday Lunch, Saturday Lunch

Coaches & Participants – One sport is \$10; Two sports is \$15

• Includes: Lunch on Competition Day

Extra Delegates - \$15

• Includes: Friday Lunch, Saturday Lunch



Games Information

Check-In

Bowling: HOD's must check in at 7:30am on Friday, October 17th at the Smyrna Bowling Center

Flag Football/Cornhole/Fitness: Coaches must check in at 8am on Saturday, October 18th at the Operations Hub located in the pavilion central to all Flag Football competition fields at the Richard Siegel Soccer Complex

Event Information

The following sporting events will be offered:

- Bowling Ramp Singles
- Bowling Traditional Singles
- Bowling Traditional Doubles
- Bowling Unified Doubles
- Bowling Traditional Team
- Bowling Unified Team
- Flag Football Traditional Skills
- Flag Football Unified Skills
- Flag Football Traditional Team
- Flag Football Unified Team
- TSSAA Unified Flag Football
- Cornhole Traditional Doubles
- Cornhole Unified Doubles
- Fitness Traditional Team
- Fitness Unified Team



General Information

Healthy Athletes

Healthy Athletes will offer two different health screenings for all athletes and Unified partners. Participants are encouraged to go through both screenings to stay healthy and compete at an optimal level. The following disciplines will be offered:

- Special Smiles, presented by the **Meharry School of Dentistry**
- Health Promotions

The Health and Fitness team is also working with vendors to provide refuel stations throughout the competition venue. The vendors are:

- **Cellutrex**, the Official Hydration Sponsor of Fall Games
- Vibrant Meals, the Official Refuel Sponsor of Fall Games
- Optimize U, the Official Recovery Sponsor of Fall Games

Young Athletes

Young Athletes is a unique sport and play program for children with and without intellectual disabilities. The focus is on fun activities that are important to mental and physical growth. Children ages 2 to 7 enjoy games and activities that develop motor skills and hand-eye coordination as an early introduction to sports and to the world of Special Olympics. The skills developed using the Young Athletes curriculum prepare children to transition to Special Olympics sports teams and competition settings once they reach the age of 8.

A parent/guardian must remain on-site for the duration of Young Athletes programming.



Athlete Leadership

Special Olympics Tennessee Athletes will be taking on leadership roles throughout the entirety of the Fall Games in roles such as:

- Awards staging and presentations
- Facilitating TSSAA competition
- Facilitating the Healthy Athletes area
- Lunch distribution
- Tournament administration

An athlete DOES NOT need to be competing in a sport to register for State Fall Games Athlete Leadership.

Event Communication

All HODs and coaches will be added to the event text chain. All event updates and needed emergency information will be sent via this text chain. Each program is responsible for getting the information to their athletes, families, and spectators.

Equipment Requirements

Equipment necessary for competition will be provided at each venue. All athletes and Unified partners should be in competition appropriate attire. Jeans, cowboy hats, sandals, crocs, or any open-toed shoes are not appropriate for competition. All non-medical jewelry must be removed during competition.

- **Bowling**: participants may bring their own balls or may use house balls; pairs/teams should be in matching uniform tops
- Fitness: teams should be in matching uniform tops
- **Flag Football**: teams should provide each participant with a flag belt; teams must wear matching uniform tops and bottoms, and bottoms MUST be pocketless
- **Cornhole**: pairs should be in matching uniform tops



Credentials

All members of the delegation will be provided with credentials. They are required to be worn throughout the entirety of the Games, with the exception being during competition.

Physicals

Each Head Coach should have their athletes' physicals on hand, either physical or digital copies, through the entirety of the Games.

Medical/Emergency Plans

Medical Stations will be located at various locations throughout the venue (see Venue Map at the end of this document).

In case of emergency, please immediately notify Nathaniel or Jeff at (615) 567-3136, and then, if necessary, call 911.



SOTN Policies

Alcohol & Tobacco

There is absolutely no consumption of alcoholic beverages or smoking, vaping, chewing, or use of tobacco products allowed at any time during Special Olympics events.

Pool & Hot Tub

All recreational swimming in pools or hot tubs is strictly prohibited while participating in any Special Olympics event, including travel to and from that event.

15-Passenger Van

Special Olympics prohibits the use of 15-passenger vans for transportation to and from any Special Olympics events.

Class A

All coaches, Unified partners over the age of 18, and any others that travel with the delegation must submit a Class A form.

Coaching Requirements

Coaches need to be up to date on the following:

- Class A
- Protective Behaviors
- Concussion Training
- Unified Training (if applicable)
- Sport-Specific Training (if applicable)



Travel & Housing

Travel

Programs are responsible for all travel arrangements and expenses for their delegations to and from the Games. Please notify Nathaniel and Jeff if your delegation is running late or encounters an emergency on the road.

Housing

Programs are responsible for all housing arrangements and expenses for their delegations.



Roles & Requirements

Athletes

Athletes attending the games must commit to giving their best effort, treating others with respect, listening to coaches and SOTN staff, and representing their team/program in the best light.

Coaches

Coaches attending the games must accept and fulfill the following responsibilities while providing for the general welfare, safety, health, and well-being of each Special Olympics athlete under their supervision.

- Assurance that credentials are worn at all times
- Reporting to competition areas at the proper times
- Assistance in taking full advantage of special events
- Assistance in getting athletes to meals
- Attending coaches meetings
- Knowing official SOTN sport rules
- Representing their team/program in the best light
- Enforcing all SOTN policies within their team/program

Unified Partners

Unified Partners attending the games must commit to being teammates to SOTN athletes, listening to coaches and SOTN staff, representing their team/program in the best light, and being stewards of the Unified principles.



Venue Map





Crisis Management Plan

Inclement Weather

In the event of inclement weather, such as lightning, all attendees will be asked to return to their vehicles for safety.

One horn blast signifies the enactment of the inclement weather plan, and all attendees must return to their vehicles. Two horn blasts signifies the resumption of competition as scheduled.

Evacuation Plan

In the event of an evacuation, all attendees may return to their vehicles and vacate the premises.

Emergency Vehicle Access Points

If necessary, all emergency vehicles will park near the entrance to the competition venue, allowing for quick and easy access. We ask all attendees to the games to leave ample space at and around the venue entrance for an emergency vehicle and emergency personnel to access the venue quickly and safely.

